

## Registration

Online [www.icl-institut.org/seminare](http://www.icl-institut.org/seminare) oder by post

I hereby make a firm registration for the following courses:

## Rubigen

**Entry level package: Introductory Course, B1 and B2**

## Single Courses

- Introductory Course      FRI-SUN    8-10 November 2019
- Basic Course 1              FRI/SAT    17-18 January 2020
- Basic Course 2              FRI/SAT    20-21 March 2020

Last Name

First Name

Spouse (only by joint attendance)

Street

Postal Code, City

Age/Occupation

Age/Occupation Spouse (only by joint attendance)

Telephone

E-Mail

Church

Effective: April 2019 – Subject to change

## Course Location

3113 Rubigen/BE

## Course Days

A day involves 8 lessons of 45 minutes each with some shorter and longer breaks between lessons.

## Course Times

Introductory Course	daily	9.00 - 18.00
Basic Courses	Friday	14.00 - 20.30
	Saturday	9.00 - 18.00

**Participation in a course requires full-time attendance**

## Cost

Entry Level Module      CHF 560,- / Couple CHF 850,-  
The package price is only valid for this entry level module in Rubigen with advance payment. Available until registration deadline.

Introductory Course      CHF 230,- / Couple CHF 320,-  
Basic Courses              CHF 180,- / Couple CHF 290,-

## Speaker

Silvia Joost, Susanne Sannwald  
Seminar contents are maintained with videos and live presentations.

## Information

Silvia Joost                  Tel. 056 442 39 08    Mobile 079 947 15 16  
Susanne Sannwald      Tel. 031 721 25 14    Mobile 079 537 04 34

## Registration

**online: [www.icl-institut.org/seminare](http://www.icl-institut.org/seminare)**

Or in writing to:

**Silvia Joost**  
**Dorfstrasse 151**  
**CH-5245 Habsburg**  
**E-mail: [silvia.joost@gmx.ch](mailto:silvia.joost@gmx.ch)**



## Registration Deadline for Introductory Course

12 October 2019

It is recommended to register in good time for this course. Subsequent registrations for Basic Courses 1 and 2 are required no later than 10 days prior to each course.

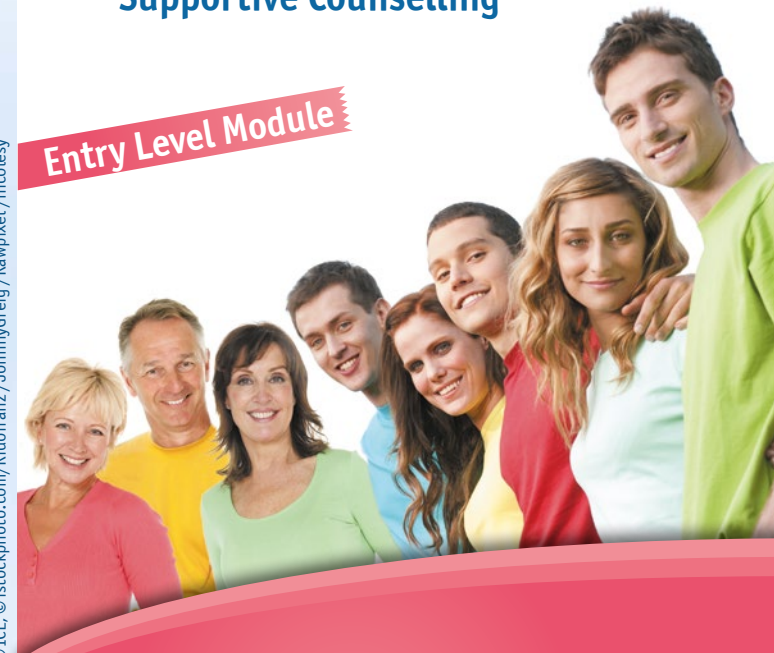
You will receive further information with the confirmation of registration.

[www.icl-institut.org](http://www.icl-institut.org)

# Personality Development and Social Competence

**Introductory Course  
and Basic Courses 1 & 2  
Supportive Counselling**

**Entry Level Module**



As ICL – the Institute for Christian Life and Marriage Counselling – we work together with people in denominational churches and free churches for whom encouragement through strength-focussed counselling and guidance is something close to their heart.

This training in personal development is for all those ...

- who want to increase and enhance their social competence in the areas of family, marriage, church, education and training, and profession,
- who want to discover more about their goals and values through analysing their personal Life Style,
- who want to understand the function of self-concept in their personal success and lack of success,
- who want to take responsibility for personal contentment and interactions with others,
- who appreciate encouraging stimuli for their faith and church involvement,
- who are looking to find solutions for coping with stress or work pressures,
- who are interested in further training in offering counselling and guidance.

These courses are intended to lead you toward greater selfawareness and to make you more confident and successful in relationships with others. We encourage you to build on your own strengths and resources and to overcome your weaknesses.



## Entry Level Module Personality Development and Social Competence

**Introductory Course**

**08 - 10 November 2019**

### The Holistic Nature of Man

- The five Life Style Aspects of personality taken from Individual Psychology: Self-concept, concept of others, world view, finality, behaviour patterns.
- Discovering my personal Life Style: Self-concept, self-esteem. Self-acceptance. My private logic: System of values, unconscious goals, learned behaviour and interaction patterns. Personal strengths and potential for courage.
- Self-perception and perception of others
- The biblical concept of the world and of man. Concept of God and faith.

*Attendance at the Introductory Course is the prerequisite for participation in the Basic Courses.*

**Basic Course 1**

**17 - 18 January 2020**

### Significance of the Family of Origin

- Family imprint and its effect
- Influence of sibling constellation
- Roles and patterns of interaction in the family
- Family motto. Family values. Family atmosphere. Non-verbal messages. The conscience – shaping factors.
- Father Image and Mother Image
- Biblical processes of growth and maturity

Seminar contents are maintained with videos and live presentations

**Basic Course 2**

**20 - 21 March 2020**

### Character Structure and Typology

- Discovering one's own character structure – strengths and possibilities, weaknesses and limitations.
- Influence of our personality structure on relationships and partnerships.
- Life conduct as fashioned by character.
- Freedom, responsibility, maturity.
- Getting to know God's character. Jesus – the „I AM“.

#### Practice

To each course, there is the offer of specific practical group exercises in which the respective tools for Life Style Analysis are applied and practiced.

#### Personal Reflection

Qualified ICL-authorized counselling partners are made available to participants for assessing and reflecting on their personal Life Style.

*Extension to the entry level module*

#### Further training in supportive counselling

- B3 Communication in Counselling
- B4 Life Style Correction – Adults' Mistaken Goals
- B5 Encouragement – Self-Esteem and Identity
- B6 Parenting and Child Guidance (Children 3–12 years)
- B7 Dealing with Feelings – Projective Techniques
- B8 Prayer Counselling – Healing the Human Personality

